



DOES DR. SCHMITT MEET WITH THE SCHOOL BEFOREHAND?

Generally, there is no formal meeting with the school beforehand. Dr. Schmitt will communicate with the school prior to the intensive, outlining the intervention approach and any specific requests. In addition, school staff may be given materials to review in advance, such as a short video or handouts.

WHAT WILL THE SCHEDULE BE? HOW MUCH TIME WILL BE SPENT IN THE CLASSROOM?

Dr. Schmitt does not follow a fixed schedule. Instead, she crafts a personalized plan for each child that is adapted throughout the school day. This strategy prioritizes flexibility, enabling Dr. Schmitt to make adjustments as needed. For instance, if the class is engaged in silent reading with no chance for verbal interaction, she might engage the child in conversation with office staff or specials teachers. Similarly, if a library practice proves challenging, Dr. Schmitt and the child may need to postpone transitioning to music class.

A general overview of the intensive day-by-day schedule can be viewed here: <https://www.thrivingmindsbehavioralhealth.com/selective-mutism-intensives>

HOW WILL DR. SCHMITT ADDRESS STAFF OR OTHER STUDENTS IN THE CLASSROOM?

Dr. Schmitt will engage with school staff and classmates in a way that is sensitive to classroom demands and minimizes disruption. For instance, during partnered activities, Dr. Schmitt might naturally join in and offer prompts like, "Can you ask Bella about her response to the first question?" If additional speaking practice is necessary, she may relocate to a designated area to ensure minimal interruption to regular instruction. It's important to view this intervention as akin to having a one-on-one aide supporting the child throughout the day. Dr. Schmitt, a school psychologist by training, understands the importance of respecting the classroom environment and aims to be as unobtrusive as possible.

DO STAFF GET PULLED OUT OF THEIR CLASSROOMS TO PARTICIPATE IN INTERVENTION?

There will likely be times when teachers need to spend one-on-one time with Dr. Schmitt and the child to promote speaking comfort. Dr. Schmitt will coordinate with school staff to schedule these sessions during their already available times (e.g., prep period). On the rare occasion that a teacher will need to be pulled from regularly scheduled classroom activities, Dr. Schmitt will be sure to provide advanced notice so coverage can be planned.

FOR ADDITIONAL INFORMATION, SCHEDULE A FREE 15-MINUTE CONSULTATION ABOUT INTENSIVES TODAY! CALL (734) 433-5100 OR EMAIL KATELYN REED AT KREED@THRIVINGMINDS.INFO