Free fun for the whole family!



Mental Health & Wellness Fair

#EducateEmpowerInspire

Saturday, April 29

PLYMOUTH KELLOGG PARK Downtown Plymouth 10 A.M. - 2 P.M.

Join us for the 2nd Annual Mental **Health and Wellness Fair!**

Crush the Stigma of Mental Health with this free, interactive fair for families of all ages! Mental health is an important part of our overall wellbeing.

- Over 70 Mental Health and Wellness booths
- Creation Station
- Chair massages
- Raffles

- Therapy dogs
- Healing Horses
- Family Fun Zone
- Free food
- Music

Thank you to our **Premier Sponsors!**















